

Massage Services

(All technique and pressure choices are customized based on the initial intake discussion)

Integrated Massage

A customized blend of techniques and pressure. Performed on a massage table.

Thai Yoga Massage

A series of yoga-like motions, compression, and breathing to help you relax and feel more flexible. Client remains fully clothed. Traditionally performed on a floor mat (this may be adapted to a table for clients who have difficulty getting on and off the floor, or simply prefer table Thai).

Combo Thai / Integrated Massage

The best of both worlds. Begin on the table, then throw on comfortable clothes for some Thai work.

Prenatal Massage

A customized blend of techniques with adjustments to accommodate pregnant clients. Performed on a massage table. *Available after your first health check-up (gotta keep baby and mom safe).*

Chair Massage

A customized blend of techniques. Performed in a specialized massage chair. Perfect for quick touch-ups.

Ask about mobile massage, spa parties, and corporate events.

Add-ons

Aromatherapy

Choose from a selection of essential oils to enhance your massage experience.

Cupping

Blend cupping techniques into your massage. Uses negative pressure (suction) to approach your muscles from different angles than hands are able.

Hot Stone

Blend hot stones into your massage to help warm and relax your muscles.

Gua Sha (No additional charge)

Blend this scraping technique into your massage to promote circulation and healing.

Gift certificates available.

Self-care items also available for purchase - tennis balls, candles, heat packs, etc.

Service type	Cash or Check	Card or Venmo
30 mins	\$40	\$41.20
60 mins	\$80	\$82.40
90 mins	\$115	\$118.45
120 mins	\$155	\$159.65
Add-on (0 mins)	\$5	\$5.15

*Services, prices, schedules & availability are subject to change without notice.
Some medical conditions may be contraindicated for massage.*