Massage Services

Integrated Massage

This service is a customized blend of techniques, based on the initial intake discussion. Performed on a massage table.

30 min / 60 min / 90 min / 120 min \$40 / \$80 / \$115 / \$155

Thai Yoga Massage

This service uses a series of yoga-like motions, compression, and breathing to help you relax and feel more flexible.

Techniques used are based on the initial intake discussion. Client remains fully clothed and the service is traditionally performed on a comfortable floor mat (this may be adapted to a table for clients who have difficulty getting on and off the floor).

30 min / 60 min / 90 min / 120 min \$40 / \$80 / \$115 / \$155

Combo Thai / Integrated Massage

60 min / 90 min / 120 min \$80 / \$115 / \$155

Prenatal Massage

This service is a customized blend of techniques with adjustments to accommodate pregnant clients, based on the initial intake discussion.

Performed on a massage table.

Prenatal services provided during 12-36 weeks of pregnancy.

30 min / 60 min \$40 / \$80

Chair Massage

This service is a customized blend of techniques, based on the initial intake discussion. Performed in a specialized massage chair. Perfect for quick touch-ups. Also available for multi-person events off property, such as corporate events and parties.

30 min / 60 min \$40 / \$80

Add-ons (\$5 each)

Aromatherapy

Choose from our selection of essential oils to enhance your massage experience.

Cupping

Blend cupping techniques into your massage. Uses negative pressure (suction) to approach your muscles from different angles than hands are able.

Hot Stone

Blend hot stones into your massage to help warm and relax your muscles.

Sugar Scrub

Blend a sugar scrub with warm towels into your massage to exfoliate, hydrate, and relax your hard-working hands or feet.

Ask about spa parties and corporate events.

Gift certificates available.

Services, prices, schedules & availability are subject to change without notice. Some medical conditions may be contraindicated for massage.